



# Yellow Ribbon Reintegration Program

For Those Who Serve and Those Who Support<sup>SM</sup>

## DEPLOYMENT RESOURCES

There are many resources available to help you during deployment. This handout provides many of those resources, along with the associated websites where you can find additional information.

### **Military OneSource**

[www.MilitaryOneSource.com](http://www.MilitaryOneSource.com)

### **Coast Guard Support**

[www.cgsuprt.com](http://www.cgsuprt.com)

### **One stop up-to-date benefits information**

<http://myarmybenefits.us.army.mil/http://www.public.navy.mil/bupers-npc/career/payandbenefits/Pages/default2.aspx>  
<http://www.airforce.com/benefits/>  
[http://www.uscg.mil/reserve/pay\\_benefits.asp](http://www.uscg.mil/reserve/pay_benefits.asp)

### **Retirement**

<http://militarypay.defense.gov>

### **Savings Deposit Program (SDP)**

<http://www.dfas.mil/militarymembers/payentitlements/sdp.html>

### **Thrift Savings Plan (TSP)**

<https://www.tsp.gov/index.shtml>

### **Uniformed Services Savings Deposit Program**

<http://www.dfas.mil/militarymembers/payentitlements/sdp.html>

### **Survivor Benefit Plan (SBP)**

<http://militarypay.defense.gov>

### **TRICARE** <http://www.tricare.mil/>

### **TRICARE Dental**

<http://www.tricaredentalprogram.com>

### **Service Members' Group Life Insurance (SGLI), Family Service Members' Group Life Insurance (FSGLI), Veterans Group Life Insurance (VGLI)**

<http://www.insurance.va.gov>

### **VA Guaranteed Home Loan Program**

<http://www.benefits.va.gov>

### **Burial in National and State Veterans Cemeteries**

<http://www.cem.va.gov/>

### **Casualty Assistance Services**

<https://www.hrc.army.mil>

### **Dependency and Indemnity Compensation (DIC)**

<http://www.vba.va.gov>

### **Survivors' and Dependents' Education Assistance Program**

<http://www.gibill.va.gov>

### **Military Relief Aid Societies**

Air Force Aid Society – [www.afas.org](http://www.afas.org)

Army Emergency Relief – [www.aerhq.org](http://www.aerhq.org)

Coast Guard Mutual Assistance – [www.cgmahq.org](http://www.cgmahq.org)

Navy-Marine Corps Relief Society [www.nmcr.org](http://www.nmcr.org)

### **Credit Bureaus**

(For a free credit report contact [www.annualcreditreport.com](http://www.annualcreditreport.com))

Equifax – [www.equifax.com](http://www.equifax.com) 1-800-525-6285

Experian – [www.experian.com](http://www.experian.com) 1-888-397-3742

TransUnion – [www.transunion.com](http://www.transunion.com) 1-800-680-7289