



Yellow Ribbon Reintegration Program

For Those Who Serve and Those Who SupportSM

DEPLOYMENT RESOURCES

There are many resources available to help you during deployment. This handout provides many of those resources, along with the associated websites where you can find additional information.

Military OneSource

www.MilitaryOneSource.com

Coast Guard Support

www.cgsuprt.com

One stop up-to-date benefits information

<http://myarmybenefits.us.army.mil/http://www.public.navy.mil/bupers-npc/career/payandbenefits/Pages/default2.aspx>
<http://www.airforce.com/benefits/>
http://www.uscg.mil/reserve/pay_benefits.asp

Retirement

<http://militarypay.defense.gov>

Savings Deposit Program (SDP)

<http://www.dfas.mil/militarymembers/payentitlements/sdp.html>

Thrift Savings Plan (TSP)

<https://www.tsp.gov/index.shtml>

Uniformed Services Savings Deposit Program

<http://www.dfas.mil/militarymembers/payentitlements/sdp.html>

Survivor Benefit Plan (SBP)

<http://militarypay.defense.gov>

TRICARE <http://www.tricare.mil/>

TRICARE Dental

<http://www.tricaredentalprogram.com>

Service Members' Group Life Insurance (SGLI), Family Service Members' Group Life Insurance (FSGLI), Veterans Group Life Insurance (VGLI)

<http://www.insurance.va.gov>

VA Guaranteed Home Loan Program

<http://www.benefits.va.gov>

Burial in National and State Veterans Cemeteries

<http://www.cem.va.gov/>

Casualty Assistance Services

<https://www.hrc.army.mil>

Dependency and Indemnity Compensation (DIC)

<http://www.vba.va.gov>

Survivors' and Dependents' Education Assistance Program

<http://www.gibill.va.gov>

Military Relief Aid Societies

Air Force Aid Society – www.afas.org

Army Emergency Relief – www.aerhq.org

Coast Guard Mutual Assistance – www.cgmahq.org

Navy-Marine Corps Relief Society www.nmcr.org

Credit Bureaus

(For a free credit report contact www.annualcreditreport.com)

Equifax – www.equifax.com 1-800-525-6285

Experian – www.experian.com 1-888-397-3742

TransUnion – www.transunion.com 1-800-680-7289